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January 2019

Monday	Tuesday	Wednesday	Thursday	Friday
	8 Chicken Nuggets French Fries Fruit Milk/Water 	9 Pasta w/ Meat Sauce Garlic Bread Fruit Milk 	10 Barbeque Wings Rice Vegetables Fruit Milk 	11 Tuna Casserole Potato Chips Salad Fruit Milk 
14 Cheeseburger Potato Chips Fruit Milk 	15 Chicken Taco Lettuce Rice Beans Sour Cream Salsa Fruit Milk 	16 Beef Stew Mashed Potatoes Brownies Vegetables Milk 	17 Barbeque Wings Rice Salad Fruit Milk 	18 Fried Fish (Flounder) Mac & Cheese Fruit Milk 
21 No School Martin Luther King Jr Day	22 Roast Beef Sandwiches w/ Cheese Lettuce Mac & Cheese Fruit Milk 	23 Spaghetti w/ Meat Sauce Garlic Bread Fruit Milk 	24 Barbeque Chicken Wings Rice Vegetables Fruit Milk 	25 Grilled Cheese Tomato Soup Potato Chips Fruit Milk 
28 Chicken Fillet Sandwich French Fries Fruit Milk 	29 Crunchy Tacos Beef Lettuce Cheese Salsa Sour Cream Yellow Rice Milk Water 	30 Turkey Chill White Rice Vegetables Fruit Milk 	31 Buffalo Barbeque Chicken Wings Rice Vegetables Fruit Milk 